COVID-19 and School Health Update

Dear San Mateo County Education and Child Care Community,

The report from our partners in public health is cases of respiratory illness, including COVID-19, influenza, and RSV are increasing in California and across the country. The RSV season began earlier than usual this year, and cases of the flu and COVID-19 are up and expected to increase in the coming months.

As we enter a busy winter virus season, the California Department of Public Health urges parents and guardians to vaccinate their children as soon as possible against the flu and COVID-19. Vaccinating the entire household against flu and COVID-19 helps boost immunity and lowers the risk of severe outcomes from these viruses.

Flu and COVID vaccination appointments are available on MyTurn. You can also schedule vaccination appointments at local pharmacies such as CVS, Safeway, Albertsons, Walgreens, and through primary care providers, including Kaiser, Sutter Health, Dignity Health, Stanford Medicine, San Mateo Medical Center. San Mateo County Health also provides information on vaccination clinics on its website.

If you're not feeling well, stay home and test yourself for COVID. Wearing a mask when you have even mild symptoms of respiratory illness is one way to be a good colleague and neighbor.

We are working with the San Mateo County Health to develop tools for understanding, preventing, and responding to the various respiratory viruses. Today I share one of these documents, Recommendations for a Healthy Holiday Season, and encourage you to share this information with your families and communities.

I wish you a restorative and healthy Thanksgiving and express my deep gratitude to the entire education community for the powerful and positive work you do for the children and youth of San Mateo County.

Nancy Magee

Nancy Magee
San Mateo County Superintendent of Schools

Please note: A copy of this letter in Spanish will be posted here shortly.